

# THE HEALTHY PATRIOT

GWA Counseling Newsletter



We invite you to join us at our first Parent Night of the new school year to learn about all the interventions that make GWA unique!

## **GWA Parent Night**

**Date: Monday, September 26th**

**Time: 7:00-8:00pm**

**Where: GWA Library**

**Topic: GWA's Academic & Behavioral Interventions**

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**\*For parents only, please do not bring children.**

If you can't make it in person, please join us online at this [link](#) via Zoom.



## VALUE OF THE MONTH

# Responsibility

This month's focus is **Responsibility**. One way to think about **Responsibility** is "taking action and understanding the impact of our choices."

Click on this [link](#) for some fun ways to review the value of **RESPONSIBILITY** at home.

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*Don't depend on other people to be responsible for you.*

*-Eartha Kitt*

## CULTURE CLUB

The **Culture Club** is an optional after school club for **4th-7th graders** that meets weekly on **Thursdays from 3:00-3:45pm** in the library **starting September 15th**. Some of the topics and activities we will cover this year include:

- Celebrating diversity
- Countries and cultures
- Customs and traditions
- Languages
- Leaders of social justice (e.g. MLK Jr.)
- We will have guest speakers
- We will plan to have two field trips this school year

If you're interested in joining the club pick up and turn in an application at the front office.

Please email Mrs. Merida at [amerida@gwacademy.org](mailto:amerida@gwacademy.org) with any questions you may have.



LEADER IN ME - SEPTEMBER 2022

*Leadership Happens Here!*  
*Habit #1: Be Proactive*



Watch this fun [video](#) with your kids to better understand the importance of having a growth mindset!